

# My Blessed Day

Date: \_\_\_\_\_

S M T W TH F S

## THE SCHEDULE

6:00 \_\_\_\_\_  
6:30 \_\_\_\_\_  
7:00 \_\_\_\_\_  
7:30 \_\_\_\_\_  
8:00 \_\_\_\_\_  
8:30 \_\_\_\_\_  
9:00 \_\_\_\_\_  
9:30 \_\_\_\_\_  
10:00 \_\_\_\_\_  
10:30 \_\_\_\_\_  
11:00 \_\_\_\_\_  
11:30 \_\_\_\_\_  
12:00 \_\_\_\_\_  
12:30 \_\_\_\_\_  
1:00 \_\_\_\_\_  
1:30 \_\_\_\_\_  
2:00 \_\_\_\_\_  
2:30 \_\_\_\_\_  
3:00 \_\_\_\_\_  
3:30 \_\_\_\_\_  
4:00 \_\_\_\_\_  
4:30 \_\_\_\_\_  
5:00 \_\_\_\_\_  
5:30 \_\_\_\_\_  
6:00 \_\_\_\_\_  
6:30 \_\_\_\_\_  
7:00 \_\_\_\_\_

## URGENT

1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_  
4) \_\_\_\_\_  
5) \_\_\_\_\_

## CONTACT

\_\_\_\_\_   
\_\_\_\_\_   
\_\_\_\_\_   
\_\_\_\_\_   
\_\_\_\_\_   
\_\_\_\_\_

## MEAL PLAN

**B** \_\_\_\_\_  
**L** \_\_\_\_\_  
**D** \_\_\_\_\_

## MOMENTS OF GRATITUDE

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_