

COUNTING MY
BLESSINGS

One Day at a Time



Gratitude Journal

JANUARY BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

We give You thanks, O Lord God Almighty, the One who is and who was and who is to come, because You have taken Your great power and reigned.

Revelation 11; 17

FEBRUARY BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

So we, Your people and sheep of Your pasture, will give You thanks forever; we will show forth Your praise to all generations.

Psalm 79: 13

MARCH BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father.

Colossians 3; 17

APRIL BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.

Psalms 30; 12

MAY BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.

Philippians 4: 6

JUNE BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

Rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

Colossians 2; 7

JULY BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

And I thank Christ Jesus our Lord who has enabled me, because He counted me faithful, putting me into the ministry.

1 Timothy 1; 12

AUGUST BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

Psalms 100; 4

SEPTEMBER BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving,
for it is made holy by the word of God and prayer.

1 Timothy 4: 4-5

OCTOBER BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

I praise you, for I am fearfully and wonderfully made. Wonderful are your works;
my soul knows it very well.

Psalm 139; 14

NOVEMBER BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

2 Corinthians 4: 15

DECEMBER BLESSINGS

Counting My Blessings One Day at a Time



WRITE DOWN ONE THING EACH DAY THAT YOU ARE THANKFUL FOR

1. _____	17. _____
2. _____	18. _____
3. _____	19. _____
4. _____	20. _____
5. _____	21. _____
6. _____	22. _____
7. _____	23. _____
8. _____	24. _____
9. _____	25. _____
10. _____	26. _____
11. _____	27. _____
12. _____	28. _____
13. _____	29. _____
14. _____	30. _____
15. _____	31. _____
16. _____	

I give you thanks, O LORD, with my whole heart... I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness, for you have exalted above all things your name and your word.

Psalm 138; 1-2

January



BLESSINGS

February



BLESSINGS

March



BLESSINGS

April



BLESSINGS

May



BLESSINGS

June



BLESSINGS

July



BLESSINGS

August



BLESSINGS

September



BLESSINGS

October



BLESSINGS

November



BLESSINGS

December



BLESSINGS



©printablesbydesign.org



Use with Avery® Insertable Style Edge™ Plastic Dividers

January

July

February

August

March

September

April

October

May

November

June

December

Use with Avery® Insertable Style Edge™ Plastic Dividers

January

July

February

August

March

September

April

October

May

November

June

December

2 INCH

